

Young Scholars Program

Apply Online

JKCF.ORG/YSP

The Program Experience

The Cooke Young Scholars Program is a selective five-year, pre-college scholarship for high-performing 7th grade students with financial need. Educational advisers help Cooke Young Scholars maximize the high school experience and prepare to thrive at the nation's top-performing colleges. Our programming and support includes:

- Identifying an appropriately rigorous high school.
- Engaging in four-year planning and goalsetting.
- Funding for academic and extracurricular opportunities, such as music and art lessons; supplemental academic classes; and technology.
- Annual summer programs, including two required Cooke Young Scholar events.
- Year-round interaction and networking with a community of high-achieving peers.

Who We Select

Young Scholars are selected from a nationwide applicant pool each year. Applicants must meet the following eligibility requirements:

- **Grade level** Entering 8th grade in the fall of 2020.
- Academics Since the beginning of 6th grade, earned grades of all or mostly A's in school with no C's or below in core academic subjects.
- **Testing** We require the official score report from the applicant's state standardized testing and if available, SAT or ACT score reports.
- Income Demonstrate unmet financial need.
 We will consider applicants with family income up to \$95,000. Last year's cohort of new Young Scholars had a median family income of approximately \$39,000.
- Location Reside in the U.S. or a U.S. territory and plan to attend high school in the U.S. or a U.S. territory.

Cooke Scholars come from diverse racial and ethnic backgrounds and from rural, suburban, and urban communities.

Many scholars are the first in their families to pursue higher education.



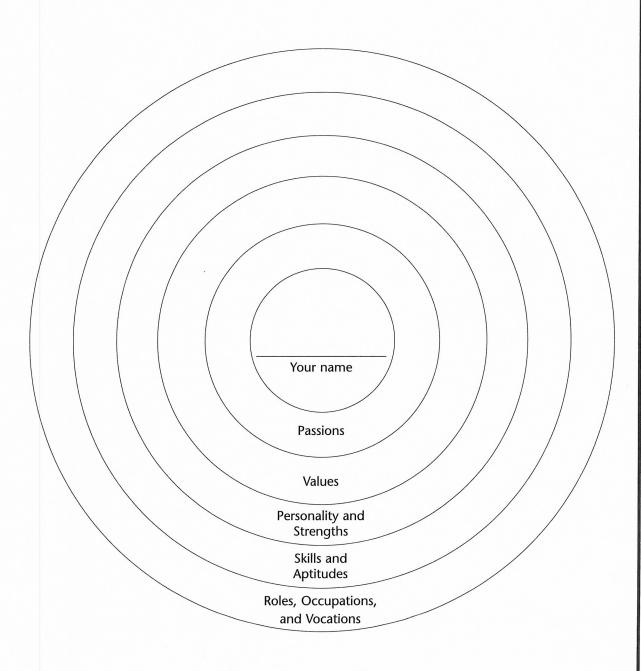
Your Personal Profile

Write your name in the center of the chart, then add as many words as you can that describe your own passions, values, strengths, and so forth. As you fill out your chart, keep in mind that everyone has many different sides. Don't worry if some of your answers seem incompatible with others.





My 10yearPl



In the four columns below, you will find a list of personality traits. Circle a total of 10 traits you feel best describe you.

a.	b.	c.	d.
forthright	enthusiastic	steady	analytical
adventurous	expressive	amiable	controlling
forceful	influencing	predictable	perfectionist
sharp	emotional	supportive	systematic
decisive	inventive	loyal	conventional
risk taker	spontaneous	methodical	respectful
demanding	trusting	team player	meticulous
authoritative	outgoing	calm	well-disciplined
direct	unselfish	thorough	diplomatic
curious	self-assured	dependable	precise
competitive	charming	self-composed	sensitive
self-sufficient	inspiring	possessive	accurate

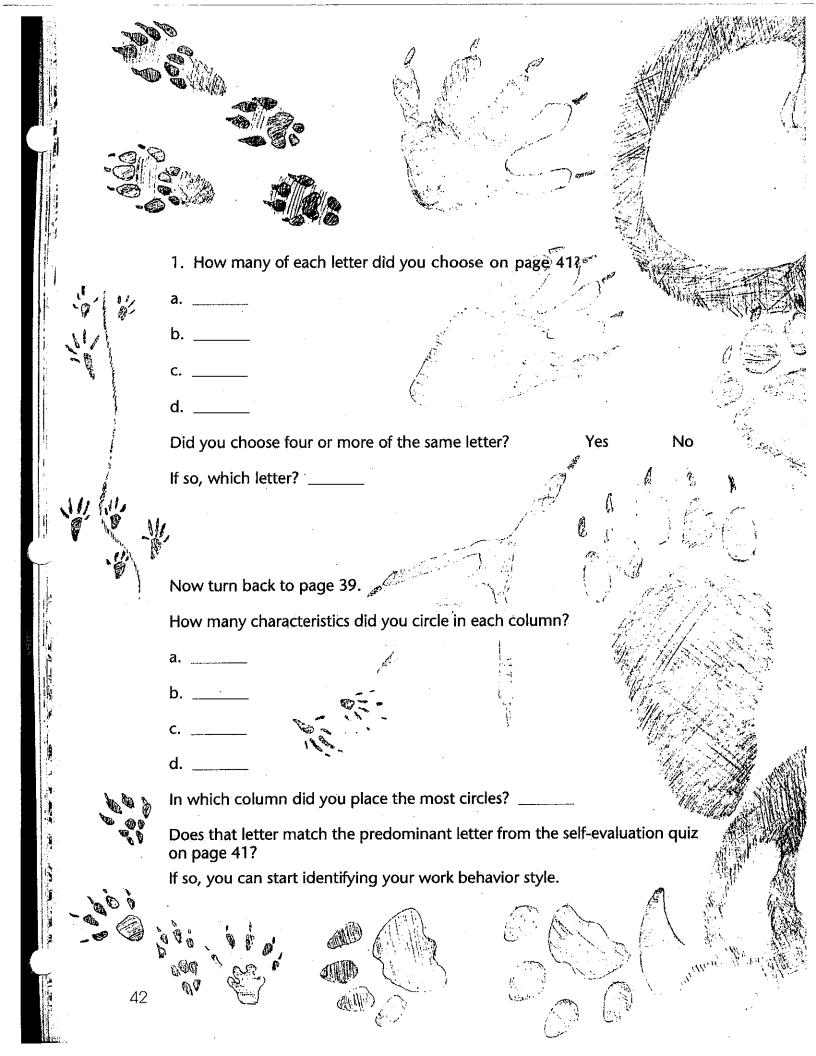
Now total the number circled in each column:

Complete the following self-evaluation quiz. Circle the letter under each situation that best reflects how you would be likely to act, feel, or think.

- 1. Your favorite projects are ones that are
 - a. likely to have favorable results.
 - b. enjoyable to take part in.
 - c. clearly explained.
 - d. detail oriented.
- 2. You are on the community hospital's fundraising committee. You would be happiest
 - a. chairing the committee.
 - b. publicizing the event and selling tickets.
 - c. decorating the hall.
 - d. keeping track of the monies collected.
- 3. When doing a task, you
 - a. complete it in the shortest time possible.
 - b. allow interruptions to take phone calls from friends.
 - c. are willing to take time to help another person with their assignment.
 - d. take time to check all your work for accuracy and thoroughness.
- 4. When faced with a stressful situation, you
 - a. take charge and sometimes override the decisions of others.
 - b. confront and may act in an impulsive fashion.
 - c. become submissive and allow others to make your decisions.
 - d. resist change and withdraw from the situation.
- 5. When getting dressed in the morning, you
 - a. know exactly what you want to wear without giving it much thought.
 - b. try on three things before deciding which is best.
 - c. put on the clothes you laid out the night before.
 - d. have no problem coordinating outfits because everything in your closet is in color sequence.

- 6. Your family is moving across the country to a lovely new home. You feel
 - a. excited.
 - b. curious.
 - c. cautious.
 - d. worried.
- 7. When you ask someone a question about a problem, you like an answer that
 - a. is direct and to the point.
 - b. includes stimulating ideas on various ways the problem could be solved.
 - c. outlines the process for solving the problem.
 - d. Includes data and background on how the solution was reached.
- 8. When solving a problem, you are
 - a. decisive.
 - b. spontaneous.
 - c. considered.
 - d. deliberate.
- 9. When going shopping for clothes, you
 - a. will not need a list. If you forget something, you'll just get it later.
 - b. buy whatever catches your eye. You don't worry how different outfits go together.
 - c. have a list and visit every store in town before finalizing your purchases.
 - d. know exactly what you want and have studied the newspaper for sales.

Information on personality styles is adapted from the widely-used DiSCTM Dimensions of Behavior model and the *Personal Profile System*® assessment instrument, TMcopyright 1972, Carlson Learning Company. Used with permission of Carlson Learning Company, Minneapolis, Minnesota.



The four styles are as follows:

a. Dominance

People with this behavioral style like to be in control of the work environment. They are decisive and focus on accomplishing goals. They work quickly and efficiently and like tasks that are challenging. They are usually happiest in leadership positions, such as manager, store owner, entrepreneur, school principal, contractor, office manager, and so on.

b. Influencing

These people's strength lies in their ability to influence others. They are good communicators and enjoy the relationships that they develop at work. Very personable, they want recognition and a stimulating work environment. They work best in a flexible setting. They are usually happiest in people-oriented jobs such as sales, marketing, teaching, counseling, coaching, customer service, and the like.





c. Steadiness

People in this category like tasks that have well-defined procedures. Known for their steadiness and follow-through, they excel at jobs calling for specialized skills.

Maintaining relationships is a high priority for them, and their home life is important. Their decisions are considered, so they are often slower to accept change. They are usually happiest in specialized positions such as word processor, mechanic, assembly line worker, repairperson, lab technician, or scientist.

d. Compliance

This category of people is responsible for quality control. They are detail people who work from a prescribed set of rules and regulations. They enjoy systematic approaches to problems and strive for accuracy. They are very precise and are well prepared. They are happiest in "watch dog" jobs: working as accountants, law enforcement officials, editors, quality control managers, building inspectors, or zoning officials.

What you have worked through is a simplified approach to analyzing your work behavior style. Very few people exhibit only one of the four profile types. There are many different combinations. The intention of this exercise is to expose you to the concept and make you aware of the possibilities available to analyze your behavior patterns. As you become more serious about choosing your career path, you will probably want to take one of the more extensive, sophisticated tests available. Many corporations use these tests in helping employees evaluate how they best work and relate to others. If you have this knowledge now it should be helpful in you career planning search. We recommend the *Personal Profile System®* from Inscape Publishing.

Information on personality styles is adapted from the widely-used DiSC™ Dimensions of Behavior model and the *Personal Profile System®* assessment instrument, ™copyright 1972, Carlson Learning Company. Used with permission of Carlson Learning Company, Minneapolis, Minnesota.



Identifying Your Passions

These are some of the items on Letitia's list:

Winning a debate

Chocolate

Red shoes

Dancing

The Lakers

Long walks

Texting

Social justice

The Star-Spangled Banner

Politics

Movies that make me cry

Writing

Complete the following statements. Don't be frustrated if you can't do it immediately. But start being aware of these feelings. As more ideas occur to you in the next weeks, turn back to this page and add them to your lists. You will continue to discover new passions throughout your life.

My heart pounds with excitement when	
I feel especially good about myself when	
I get a lump in my throat when	
I lose track of time whenever I am	
If I could be any person in history, I would be	
When I dream about my future, I see myself	
If I could change one thing about the world, it would be	

SMART Goals

Specific

What **exactly** will you do?

easurable

How will you know if you **meet** your goal?

chievable

What **steps** are you going to take to reach your goal?

Relevant

What about your goal makes it important to you?

imely

When do you want to complete your goal?

My SMART Plan for Success

Name: Date:

SMART Goals

S pecific	What exactly will you do?
M easurable	How will you know if you meet your goal?
A chievable	What steps are you going to take to reach your goal?
Relevant	What about your goal makes it important to you?
T imely	When do you want to complete your goal?

- What is my Specific Goal? What do I want to improve?
 - a. What are the Actions I plan to take to reach this goal?
 - •
 - •
 - •
 - 77
- 2. How will I show I have Measurable success in reaching my goal?
- 3. Who or what obstacles can prevent this goal from being Achievable?
 - a. Who can help me reach my goal?
- 4. Why is my goal important to me and Relevant?
- 5. When will I complete my goal (Timely)?



1-855-8-INTERNET (1-855-846-8376) Apply Online



Sitio en español | SPREAD THE WORD



Internet Essentials Home > How It Works

Bringing the Internet to your home is easy and affordable

Now you can connect to the Internet at home - for school, work, communicating with others and so much more.

How to Qualify

To qualify for \$9.95 a month Internet service and a low-cost computer, your household must meet all these criteria:

- 1. Be located where Comcast offers Internet service
- 2. Have at least one child eligible to participate in the National School Lunch Program
- 3. Have not subscribed to Comcast Internet service within the last 90 days
- 4. Does not have outstanding Comcast debt that is under one year old

How to Apply

- 1. Apply online (https://apply.internetessentials.co m/) or call 1-855-8-INTERNET (1-855-846-8376) to request an application.
- 2. You can complete your application online, or we will mail or email you an application. Complete and return it, along with supporting eligibility documents, such as proof of enrollment in NSLP from your child's school.
- 3. We will notify you by mail about the status of your application after 7-10 days and send you everything you need to get set up.

How to Get Connected

Once you are approved, we'll mail you a welcome package with everything you need to set up your Internet service and receive our free Internet training. If you choose to purchase a low-cost computer, your welcome package will provide details.

(http://apply.internetessentials.com)

Check Your Application Status:

(xxx) xxx-xxxx

Enter the phone number you used to apply.

Attention educators, community partners and civic leaders: See how you can play an important role in bringing affordable Internet have to more popular

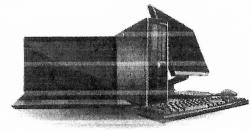
Purchase an affordable computer for your family

As an Internet Essentials customer, you have the option to purchase an Internet-ready computer for the reduced price of just \$149.99 + tax.

Choose from a family-oriented desktop or mobile-friendly laptop. Both options include Microsoft® Office, a 90-day limited warranty and all the hardware needed to connect to the Internet right out of the box - so you and your family can enjoy the benefits of having the Internet at home.

This exclusive offer is available to Internet Essentials customers only.

Apply Today



(https://apply.internetessentials.com/)



The Internet belongs in the home. Internet Essentials[™] from Comcast brings affordable high-speed Internet home. You may qualify if your child is eligible for the National School Lunch Program.

HIGH-SPEED HOME INTERNET

- No credit check
- · No term contract
- WiFi router • No installation fee
 - included

A LOW-COST COMPUTER AVAILABLE

- Includes Microsoft Office
- · 90-day warranty
- Includes Norton™ Security Suite

FREE INTERNET TRAINING

Available online, in person, and in print

Apply now at InternetEssentials.com or call **1-888-972-5982**

INTERNET I **ESSENTIALS I** from Comcast

Restrictions apply. Not available in all areas. Limited to Internet Essentials service for new residential customers meeting certain eligibility criteria. Advertised price applies to a single outlet. Actual speeds may vary and are not guaranteed. After initial participation, if a customer is determined to be no longer eligible for the program but continues to receive Comcast service, regular rates will apply. Subject to Internet Essentials program terms and conditions. Call 1-855-846-8376 for restrictions and complete details, or visit InternetEssentials.com. © 2015 Comcast. All rights reserved. Internet Essentials is a program to provide home Internet service for families. It is not a school program, and is not endorsed or required by your school. Your school is not responsible for Internet Essentials accounts. FLY99998-0015-I

In the four columns below, you will find a list of personality traits. Circle a total of 10 traits you feel best describe you.

a.	b.	c.	d.
forthright	enthusiastic	steady	analytical
adventurous	expressive	amiable	controlling
forceful	influencing	predictable	perfectionist
sharp	emotional	supportive	systematic
decisive	inventive	loyal	conventional
risk taker	spontaneous	methodical	respectful
demanding	trusting	team player	meticulous
authoritative	outgoing	calm	well-disciplined
direct	unselfish	thorough	diplomatic
curious	self-assured	dependable	precise
competitive	charming	self-composed	sensitive
self-sufficient	inspiring	possessive	accurate

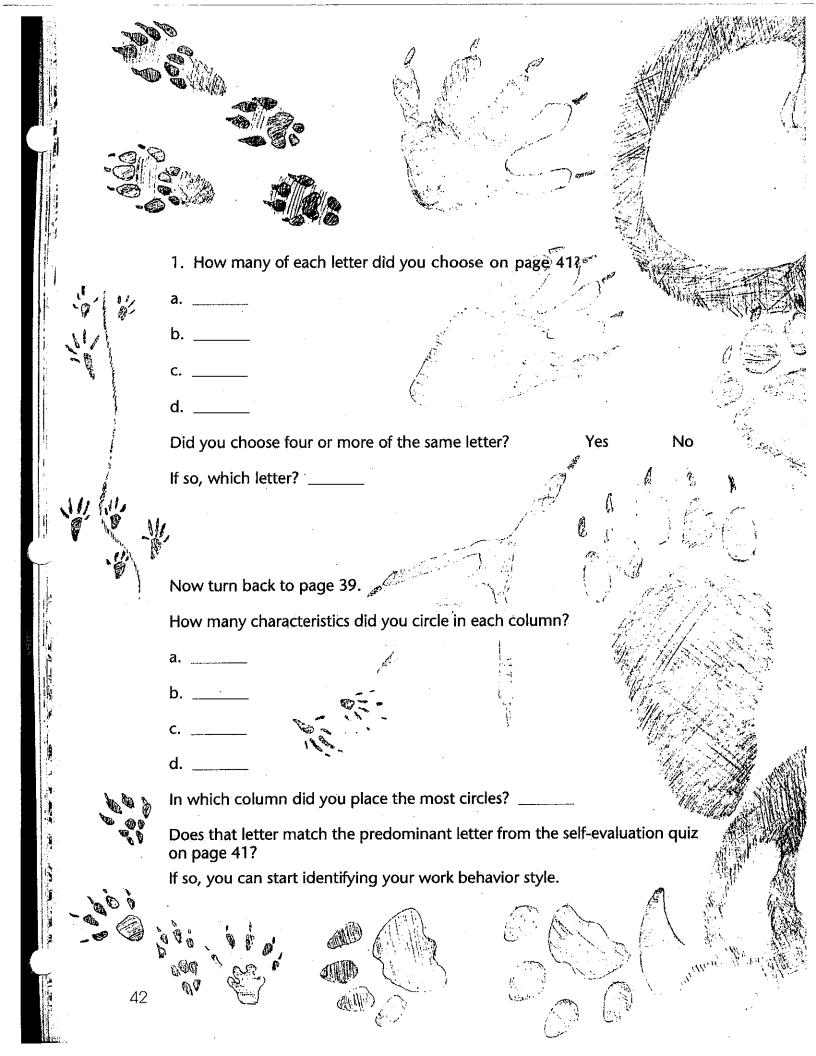
Now total the number circled in each column:

Complete the following self-evaluation quiz. Circle the letter under each situation that best reflects how you would be likely to act, feel, or think.

- 1. Your favorite projects are ones that are
 - a. likely to have favorable results.
 - b. enjoyable to take part in.
 - c. clearly explained.
 - d. detail oriented.
- 2. You are on the community hospital's fundraising committee. You would be happiest
 - a. chairing the committee.
 - b. publicizing the event and selling tickets.
 - c. decorating the hall.
 - d. keeping track of the monies collected.
- 3. When doing a task, you
 - a. complete it in the shortest time possible.
 - b. allow interruptions to take phone calls from friends.
 - c. are willing to take time to help another person with their assignment.
 - d. take time to check all your work for accuracy and thoroughness.
- 4. When faced with a stressful situation, you
 - a. take charge and sometimes override the decisions of others.
 - b. confront and may act in an impulsive fashion.
 - c. become submissive and allow others to make your decisions.
 - d. resist change and withdraw from the situation.
- 5. When getting dressed in the morning, you
 - a. know exactly what you want to wear without giving it much thought.
 - b. try on three things before deciding which is best.
 - c. put on the clothes you laid out the night before.
 - d. have no problem coordinating outfits because everything in your closet is in color sequence.

- 6. Your family is moving across the country to a lovely new home. You feel
 - a. excited.
 - b. curious.
 - c. cautious.
 - d. worried.
- 7. When you ask someone a question about a problem, you like an answer that
 - a. is direct and to the point.
 - b. includes stimulating ideas on various ways the problem could be solved.
 - c. outlines the process for solving the problem.
 - d. Includes data and background on how the solution was reached.
- 8. When solving a problem, you are
 - a. decisive.
 - b. spontaneous.
 - c. considered.
 - d. deliberate.
- 9. When going shopping for clothes, you
 - a. will not need a list. If you forget something, you'll just get it later.
 - b. buy whatever catches your eye. You don't worry how different outfits go together.
 - c. have a list and visit every store in town before finalizing your purchases.
 - d. know exactly what you want and have studied the newspaper for sales.

Information on personality styles is adapted from the widely-used DiSCTM Dimensions of Behavior model and the *Personal Profile System*® assessment instrument, TMcopyright 1972, Carlson Learning Company. Used with permission of Carlson Learning Company, Minneapolis, Minnesota.



The four styles are as follows:

a. Dominance

People with this behavioral style like to be in control of the work environment. They are decisive and focus on accomplishing goals. They work quickly and efficiently and like tasks that are challenging. They are usually happiest in leadership positions, such as manager, store owner, entrepreneur, school principal, contractor, office manager, and so on.

b. Influencing

These people's strength lies in their ability to influence others. They are good communicators and enjoy the relationships that they develop at work. Very personable, they want recognition and a stimulating work environment. They work best in a flexible setting. They are usually happiest in people-oriented jobs such as sales, marketing, teaching, counseling, coaching, customer service, and the like.





c. Steadiness

People in this category like tasks that have well-defined procedures. Known for their steadiness and follow-through, they excel at jobs calling for specialized skills.

Maintaining relationships is a high priority for them, and their home life is important. Their decisions are considered, so they are often slower to accept change. They are usually happiest in specialized positions such as word processor, mechanic, assembly line worker, repairperson, lab technician, or scientist.

d. Compliance

This category of people is responsible for quality control. They are detail people who work from a prescribed set of rules and regulations. They enjoy systematic approaches to problems and strive for accuracy. They are very precise and are well prepared. They are happiest in "watch dog" jobs: working as accountants, law enforcement officials, editors, quality control managers, building inspectors, or zoning officials.

What you have worked through is a simplified approach to analyzing your work behavior style. Very few people exhibit only one of the four profile types. There are many different combinations. The intention of this exercise is to expose you to the concept and make you aware of the possibilities available to analyze your behavior patterns. As you become more serious about choosing your career path, you will probably want to take one of the more extensive, sophisticated tests available. Many corporations use these tests in helping employees evaluate how they best work and relate to others. If you have this knowledge now it should be helpful in you career planning search. We recommend the *Personal Profile System®* from Inscape Publishing.

Information on personality styles is adapted from the widely-used DiSC™ Dimensions of Behavior model and the *Personal Profile System®* assessment instrument, ™copyright 1972, Carlson Learning Company. Used with permission of Carlson Learning Company, Minneapolis, Minnesota.



Identifying Your Passions

These are some of the items on Letitia's list:

Winning a debate

Chocolate

Red shoes

Dancing

The Lakers

Long walks

Texting

Social justice

The Star-Spangled Banner

Politics

Movies that make me cry

Writing

Complete the following statements. Don't be frustrated if you can't do it immediately. But start being aware of these feelings. As more ideas occur to you in the next weeks, turn back to this page and add them to your lists. You will continue to discover new passions throughout your life.

My heart pounds with excitement when
I feel especially good about myself when
I get a lump in my throat when
I lose track of time whenever I am
If I could be any person in history, I would be
When I dream about my future, I see myself
If I could change one thing about the world, it would be

SMART Goals

Specific

What **exactly** will you do?

easurable

How will you know if you **meet** your goal?

chievable

What **steps** are you going to take to reach your goal?

Relevant

What about your goal makes it important to you?

imely

When do you want to complete your goal?

My SMART Plan for Success

Name: Date:

SMART Goals

S pecific	What exactly will you do?
M easurable	How will you know if you meet your goal?
A chievable	What steps are you going to take to reach your goal?
Relevant	What about your goal makes it important to you?
T imely	When do you want to complete your goal?

- What is my Specific Goal? What do I want to improve?
 - a. What are the Actions I plan to take to reach this goal?
 - •
 - •
 - •
 - 77
- 2. How will I show I have Measurable success in reaching my goal?
- 3. Who or what obstacles can prevent this goal from being Achievable?
 - a. Who can help me reach my goal?
- 4. Why is my goal important to me and Relevant?
- 5. When will I complete my goal (Timely)?



1-855-8-INTERNET (1-855-846-8376) Apply Online



Sitio en español | SPREAD THE WORD



Internet Essentials Home > How It Works

Bringing the Internet to your home is easy and affordable

Now you can connect to the Internet at home - for school, work, communicating with others and so much more.

How to Qualify

To qualify for \$9.95 a month Internet service and a low-cost computer, your household must meet all these criteria:

- 1. Be located where Comcast offers Internet service
- 2. Have at least one child eligible to participate in the National School Lunch Program
- 3. Have not subscribed to Comcast Internet service within the last 90 days
- 4. Does not have outstanding Comcast debt that is under one year old

How to Apply

- 1. Apply online (https://apply.internetessentials.co m/) or call 1-855-8-INTERNET (1-855-846-8376) to request an application.
- 2. You can complete your application online, or we will mail or email you an application. Complete and return it, along with supporting eligibility documents, such as proof of enrollment in NSLP from your child's school.
- 3. We will notify you by mail about the status of your application after 7-10 days and send you everything you need to get set up.

How to Get Connected

Once you are approved, we'll mail you a welcome package with everything you need to set up your Internet service and receive our free Internet training. If you choose to purchase a low-cost computer, your welcome package will provide details.

(http://apply.internetessentials.com)

Check Your Application Status:

(xxx) xxx-xxxx

Enter the phone number you used to apply.

Attention educators, community partners and civic leaders: See how you can play an important role in bringing affordable Internet have to more popular

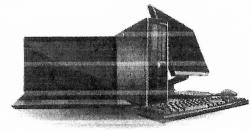
Purchase an affordable computer for your family

As an Internet Essentials customer, you have the option to purchase an Internet-ready computer for the reduced price of just \$149.99 + tax.

Choose from a family-oriented desktop or mobile-friendly laptop. Both options include Microsoft® Office, a 90-day limited warranty and all the hardware needed to connect to the Internet right out of the box - so you and your family can enjoy the benefits of having the Internet at home.

This exclusive offer is available to Internet Essentials customers only.

Apply Today



(https://apply.internetessentials.com/)



The Internet belongs in the home. Internet Essentials[™] from Comcast brings affordable high-speed Internet home. You may qualify if your child is eligible for the National School Lunch Program.

HIGH-SPEED HOME INTERNET

- No credit check
- · No term contract
- WiFi router • No installation fee
 - included

A LOW-COST COMPUTER AVAILABLE

- Includes Microsoft Office
- · 90-day warranty
- Includes Norton™ Security Suite

FREE INTERNET TRAINING

Available online, in person, and in print

Apply now at InternetEssentials.com or call **1-888-972-5982**

INTERNET I **ESSENTIALS I** from Comcast

Restrictions apply. Not available in all areas. Limited to Internet Essentials service for new residential customers meeting certain eligibility criteria. Advertised price applies to a single outlet. Actual speeds may vary and are not guaranteed. After initial participation, if a customer is determined to be no longer eligible for the program but continues to receive Comcast service, regular rates will apply. Subject to Internet Essentials program terms and conditions. Call 1-855-846-8376 for restrictions and complete details, or visit InternetEssentials.com. © 2015 Comcast. All rights reserved. Internet Essentials is a program to provide home Internet service for families. It is not a school program, and is not endorsed or required by your school. Your school is not responsible for Internet Essentials accounts. FLY99998-0015-I